

① `S = " ... "`  
`sum = 0`  
`i = 0`  
`while i < len(s)`

`s1 = '0'`

`while 48 <= ord(s[i]) <= 57`

`s1 += s[i]`

`i += 1`

`# print(s1)`

`i += 1`

`sum += int(s1)`

`print(sum)`

②

`split`

③ `import re`

`numbers = re.findall(r'\b\d+\b', s)`

`summa = sum(int(number)`

`for number in numbers)`