# Quantitative isoperimetric inequalities in geometric settings

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Dirac operators in differential geometry and global analysis – in memory of Thomas Friedrich (1949–2018) Bedlewo, 08.10.2019.

# De Giorgi's optimal isoperimetric inequality

For any set  $E \subset \mathbb{R}^n$  of finite perimeter the classical isoperimetric inequality

$$\mathbf{A}_{n}(E) \leq \gamma_{n} \mathbf{A}_{n-1}(\partial E)^{\frac{n}{n-1}}, \qquad \gamma_{n} = n^{-\frac{n}{n-1}} \omega_{n}^{-\frac{1}{n-1}}$$

holds true.

Equality holds if and only if  $E = B_{\varrho}(x_o)$ .

#### Almgren's optimal isoperimetric inequality

In 1986 Almgrem proved in the following higher co-dimension version (in the context of integer multiplicity rectifiable currents):

#### Theorem (Almgren 1986, Indiana Univ. Math.)

For any closed (n - 1)-dimensional oriented surface T in  $\mathbb{R}^{n+k}$ and any area minimizer  $Q_T$  with boundary  $\partial Q_T = T$  there holds:

$$\mathbf{A}_{n}(Q_{T}) \leq \gamma_{n} \mathbf{A}_{n-1}(T)^{\frac{n}{n-1}},$$

$$\gamma_{n} = n^{-\frac{n}{n-1}} \omega_{n}^{-\frac{1}{n-1}}.$$

where

" = "  $\Leftrightarrow$   $Q_T$  is a flat n-dimensional disk D.

#### Flat disks have least boundary area

#### Corollary

Amongst closed (n-1)-dimensional oriented surfaces T in  $\mathbb{R}^{n+k}$  spanning the same area (i.e. the area minimizing surfaces with boundary T possess the same area), flat spheres of dimension (n-1) have least area. This means:

Suppose T is a closed (n-1)-dimensional oriented surface and  $Q_T$  some area minimzer with boundary  $\partial Q_T = T$ . Then for any disk D with  $\mathbf{A}_n(D) = \mathbf{A}_n(Q_T)$  there holds

$$\mathbf{A}_{n-1}(\partial D) \le \mathbf{A}_{n-1}(T). \tag{1}$$

"= "  $\Leftrightarrow$  T is the boundary of some flat disk D with volume  $\mathbf{A}_n(Q_T)$ .

A natural geometric question is about the stability of (1) in the following sense:

Suppose that there holds:

$$\mathbf{D}(T) \coloneqq \frac{\mathbf{A}_{n-1}(T) - \mathbf{A}_{n-1}(\partial D)}{\mathbf{A}_{n-1}(\partial D)} \ll 1 \qquad \mathbf{A}_n(D) = \mathbf{A}_n(Q_T).$$

D(T) = renormalized isoperimetric gap.

$$\stackrel{?}{\implies} \quad \text{Is } T \text{ close to } \partial D?$$

More precisely, we want to prove

 $\mathbf{D}(T) \geq c \operatorname{dist}(T, \partial D)^2$ 

for some suitable distance of T to flat spheres.

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#### Another way to interpret stability

The isoperimetric quotient is defined by

$$\mu(T) \coloneqq \frac{\mathbf{A}_{n-1}(T)^{\frac{n}{n-1}}}{\mathbf{A}_n(Q_T)}.$$

 $\mu(T)$  is invariant under rigid motions.

Almgren proved that  $T \mapsto \mu(T)$  attains its unique (i.e. unique up to rigid motions and homotheties) minimum in flat spheres, i.e.

$$\mu(\partial D) = \min\left\{\mu(T): T \text{ is } (n-1) \text{-dim, oriented, } \subset \mathbb{R}^{n+k}, \partial T = \varnothing\right\}$$

$$\mu(T) = \frac{\mathbf{A}_{n-1}(T)^{\frac{n}{n-1}}}{\mathbf{A}_n(Q_T)}$$
$$= \mu(\partial D) \left[ 1 + \frac{\mathbf{A}_{n-1}(T) - \mathbf{A}_{n-1}(\partial D)}{\mathbf{A}_{n-1}(\partial D)} \right]^{\frac{n}{n-1}} \quad (\mathbf{A}_n(Q_T) = \mathbf{A}_n(D)$$
$$= \mu(\partial D) \left[ 1 + \mathbf{D}(T) \right]^{\frac{n}{n-1}}$$
$$\ge \mu(\partial D) \left[ 1 + \mathbf{D}(T) \right] \qquad (\mathbf{D}(T) \ll 1)$$

We want to have a bound from below of D(T) by the square of a quantity which can be interpreted as a suitable distance of T to the (n-1)-dimensional flat spheres.

$$\mu(T) \geq \mu(\partial D) + c \operatorname{dist}(T, \partial D)^2.$$

#### Classics

- Bernstein (1905), Bonnesen (1924): Planar convex sets.
- ► Fuglede (1989): Convex sets, nearly spherical sets.
- ► Hall & Haymann & Weitsman (1991), Hall (1992): general sets in ℝ<sup>n</sup>.

Consider sets  $E \subset \mathbb{R}^n$  which are nearly spherical in the sense that

$$\partial E = \left\{ (1 + u(\omega))\omega : \omega \in S^{n-1} \right\}$$

for some fuction  $u: S^{n-1} \to \mathbb{R}$  satisfying

 $\|u\|_{C^1}\ll 1.$ 

 $S^{n-1}$  should be the optimal sphere:

•  $\mathbf{A}_n(E) = \mathbf{A}_n(B_1)$ 

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$$bar(E) = 0$$

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# Fuglede's theorem

#### Theorem (Fuglede)

There exist constants  $\varepsilon_o(n) > 0$  and  $c(n) < \infty$  such that there holds: For any nearly spherical set E whose volume is equal to the volume of the unit ball whose barycenter is at the origin and which satisfies  $||u||_{C^1} \le \varepsilon_o$  we have

$$A_{n-1}(∂E) - A_{n-1}(∂B_1) ≥ c(n) ||u||^2_{W^{1,2}(S^{n-1})}.$$

In particular, the isoperimetric gap controls the square of the measure of the symmetric difference

$$E\Delta B_1 \coloneqq (E \smallsetminus B_1) \cup (B_1 \smallsetminus E),$$

since

$$\|u\|_{W^{1,2}(S^{n-1})}^2 \ge \|u\|_{L^2(S^{n-1})}^2 \ge c\|u\|_{L^1(S^{n-1})}^2 \ge c|E\Delta B_1|^2.$$

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#### Theorem (Fusco-Maggi-Pratelli, Ann. Math. 2008)

For any set *E* of finite perimeter with  $|E| = |B_{\varrho}|$  the following quantitative isoperimetric inequality

$$\mathbf{D}(E) = \frac{\mathbf{A}_{n-1}(\partial E) - n\omega_n \varrho^{n-1}}{n\omega_n \varrho^{n-1}} \ge c(n)\alpha(E)^2$$

holds true, where

$$\alpha(E) \coloneqq \min_{x_o} \frac{|E \Delta B_{\varrho}(x_o)|}{\varrho^n}$$

denotes the Fraenkel asymmetry.

Different proofs:

- Figalli-Maggi-Pratelli (Invent. Math. 2010): New proof with arguments from optimal mass transport.
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# The isoperimetric gap

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#### The asymmetry index

The quantity

$$\mathbf{A}_n(Q_{T-\partial D}) = \inf_{\partial Q = T-\partial D} \mathbf{A}_n(Q)$$

measures how close T and  $\partial D$  are.

To measure the deviation of T from round spheres spanning the same mass as T we shall take the infimum over all such spheres.

The asymmetry index is defined by

 $\mathbf{d}(T) \coloneqq \inf_{D} \frac{\mathbf{A}_{n}(Q_{T-\partial D})}{\mathbf{A}_{n}(D)}$ 

whenever *T* is a closed (n-1)-dimensional oriented surface in  $\mathbb{R}^{n+k}$ . The infimum is taken over all *n*-dimensional flat disks satisfying  $\mathbf{A}_n(D) = \mathbf{A}_n(Q_T)$ .

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#### Theorem (B-Duzaar-Fusco)

There exists a constant c = c(n,k) such that for any closed (n-1)-dimensional oriented surface T in  $\mathbb{R}^{n+k}$  the quantitative isoperimetric inequality

$$\mathbf{D}(T) \ge c \, \mathbf{d}(T)^2 \tag{2}$$

holds true.

Remark: In the case k = 0, (2) reduces to the quantitative isoperimetric inequality of Fusco-Maggi-Pratelli, since in this case

 $\mathbf{d}(T) = \alpha(E)$  and  $\mathbf{D}(T) = \mathbf{D}(E)$ .

#### Isoperimetric inequality on the sphere

Theorem (E. Schmidt, Math. Z. 1943/44)

Geodesic balls are the unique isoperimetric sets on  $S^n$ , i.e. for any  $E \subset S^n$  with  $|E| = |B_{\vartheta}|$  with  $0 < \vartheta < \pi$  there holds:

$$\mathbf{A}_{n-1}(\partial B_{\vartheta}) \leq \mathbf{A}_{n-1}(\partial E).$$

"= "  $\Leftrightarrow$  E is a geodesic ball  $B_{\vartheta}$ .



#### Is there stability for the isoperimetric sets on the sphere?

Renormalized isoperimetric gap

$$\mathbf{D}(E) \coloneqq \frac{\mathbf{A}_{n-1}(\partial E) - \mathbf{A}_{n-1}(\partial B_{\vartheta})}{\mathbf{A}_{n-1}(\partial B_{\vartheta})} \qquad |B_{\vartheta}| = |E|$$

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Strong form of the quantitative isop. inequality in  $\mathbb{R}^n$ 

#### Theorem (Fusco-Julin)

For any set *E* of finite perimeter with  $|E| = |B_{\varrho}|$  the following strong quantitative isoperimetric inequality

$$\mathbf{D}(E) = \frac{\mathbf{A}_{n-1}(\partial E) - n\omega_n \varrho^{n-1}}{n\omega_n \varrho^{n-1}} \ge c(n)\beta(E)^2$$

holds true, where

$$\beta(E) \coloneqq \min_{x_o \in \mathbb{R}^n} \left( \frac{1}{\varrho^{n-1}} \int_{\partial^* E} |\nu_E(x) - \nu_{B_r(x_o)}(\pi_{x_o,\rho}(x))|^2 d\mathcal{H}^{n-1}(x) \right)^{\frac{1}{2}}$$

denotes the L<sup>2</sup>-oscillation index.



where  $\vartheta(x) \coloneqq \arccos(x \cdot p_o)$ .



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Remark: The inequality is sharp in the sense that also the reverse inequality holds:

 $\mathbf{D}(E) \leq \tilde{\mathbf{C}} \boldsymbol{\beta}(E)^2.$ 

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Isoperimetric inequality on hyperbolic space

#### Theorem (E. Schmidt, Math. Z. 1943/44)

Geodesic balls are the unique isoperimetric sets on  $\mathbb{H}^n$ .

#### Theorem (B-Duzaar-Scheven)

For any  $R_o > 0$  there exists  $c = c(n, R_o) > 0$  such that for any set  $E \subset \mathbb{H}^n$  of finite perimeter with  $|E| = |B_{\vartheta}|$  the following the strong quantitative isoperimetric inequality

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