# Quantitative isoperimetric inequalities in geometric settings 

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Dirac operators in differential geometry and global analysis

- in memory of Thomas Friedrich (1949-2018)

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## De Giorgi's optimal isoperimetric inequality

For any set $E \subset \mathbb{R}^{n}$ of finite perimeter the classical isoperimetric inequality

$$
\mathbf{A}_{n}(E) \leq \gamma_{n} \mathbf{A}_{n-1}(\partial E)^{\frac{n}{n-1}}, \quad \gamma_{n}=n^{-\frac{n}{n-1}} \omega_{n}^{-\frac{1}{n-1}}
$$

holds true.
Equality holds if and only if $E=B_{\varrho}\left(x_{o}\right)$.

## Almgren's optimal isoperimetric inequality

In 1986 Almgrem proved in the following higher co-dimension version (in the context of integer multiplicity rectifiable currents):

Theorem (Almgren 1986, Indiana Univ. Math.)
For any closed ( $n-1$ )-dimensional oriented surface $T$ in $\mathbb{R}^{n+k}$ and any area minimizer $Q_{T}$ with boundary $\partial Q_{T}=T$ there holds:

$$
\mathbf{A}_{n}\left(Q_{T}\right) \leq \gamma_{n} \mathbf{A}_{n-1}(T)^{\frac{n}{n-1}}
$$

where

$$
\gamma_{n}=n^{-\frac{n}{n-1}} \omega_{n}^{-\frac{1}{n-1}} .
$$

$"=" \Leftrightarrow Q_{T}$ is a flat n-dimensional disk $D$.

## Flat disks have least boundary area

Corollary
Amongst closed ( $n-1$ )-dimensional oriented surfaces $T$ in $\mathbb{R}^{n+k}$ spanning the same area (i.e. the area minimizing surfaces with boundary $T$ possess the same area), flat spheres of dimension ( $n-1$ ) have least area. This means:

Suppose $T$ is a closed ( $n-1$ )-dimensional oriented surface and $Q_{T}$ some area minimzer with boundary $\partial Q_{T}=T$. Then for any disk $D$ with $\mathbf{A}_{n}(D)=\mathbf{A}_{n}\left(Q_{T}\right)$ there holds

$$
\begin{equation*}
\mathbf{A}_{n-1}(\partial D) \leq \mathbf{A}_{n-1}(T) \tag{1}
\end{equation*}
$$

$"=" \Leftrightarrow T$ is the boundary of some flat disk $D$ with volume $\mathbf{A}_{n}\left(Q_{T}\right)$.

## Stability

A natural geometric question is about the stability of (1) in the following sense:
Suppose that there holds:

$$
\mathbf{D}(T):=\frac{\mathbf{A}_{n-1}(T)-\mathbf{A}_{n-1}(\partial D)}{\mathbf{A}_{n-1}(\partial D)} \ll 1 \quad \mathbf{A}_{n}(D)=\mathbf{A}_{n}\left(Q_{T}\right)
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$\mathbf{D}(T)=$ renormalized isoperimetric gap.

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More precisely, we want to prove

$$
\mathbf{D}(T) \geq c \operatorname{dist}(T, \partial D)^{2}
$$

for some suitable distance of $T$ to flat spheres.

## Another way to interpret stability

The isoperimetric quotient is defined by

$$
\boldsymbol{\mu}(T):=\frac{\mathbf{A}_{n-1}(T)^{\frac{n}{n-1}}}{\mathbf{A}_{n}\left(Q_{T}\right)}
$$

$\mu(T)$ is invariant under rigid motions.
Almgren proved that $T \mapsto \mu(T)$ attains its unique (i.e. unique up to rigid motions and homotheties) minimum in flat spheres, i.e.
$\boldsymbol{\mu}(\partial D)=\min \left\{\boldsymbol{\mu}(T): T\right.$ is $(n-1)$-dim, oriented, $\left.\subset \mathbb{R}^{n+k}, \partial T=\varnothing\right\}$

$$
\begin{align*}
\mu(T) & =\frac{\mathbf{A}_{n-1}(T)^{\frac{n}{n-1}}}{\mathbf{A}_{n}\left(Q_{T}\right)} \\
& =\boldsymbol{\mu}(\partial D)\left[1+\frac{\mathbf{A}_{n-1}(T)-\mathbf{A}_{n-1}(\partial D)}{\mathbf{A}_{n-1}(\partial D)}\right]^{\frac{n}{n-1}}  \tag{n}\\
& =\boldsymbol{\mu}(\partial D)[1+\mathbf{D}(T)]^{\frac{n}{n-1}} \\
& \geq \boldsymbol{\mu}(\partial D)[1+\mathbf{D}(T)]
\end{align*}
$$

(D $(T) \ll 1)$
We want to have a bound from below of $\mathbf{D}(T)$ by the square of a quantity which can be interpreted as a suitable distance of $T$ to the ( $n-1$ )-dimensional flat spheres.

$$
\mu(T) \geq \mu(\partial D)+c \operatorname{dist}(T, \partial D)^{2} .
$$

## Classics

- Bernstein (1905), Bonnesen (1924): Planar convex sets.
- Fuglede (1989): Convex sets, nearly spherical sets.
- Hall \& Haymann \& Weitsman (1991), Hall (1992): general sets in $\mathbb{R}^{n}$.


## Nearly spherical sets

Consider sets $E \subset \mathbb{R}^{n}$ which are nearly spherical in the sense that

$$
\partial E=\left\{(1+u(\omega)) \omega: \omega \in S^{n-1}\right\}
$$

for some fuction $u: S^{n-1} \rightarrow \mathbb{R}$ satisfying

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\|u\|_{C^{1}} \ll 1 .
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## Fuglede's theorem

## Theorem (Fuglede)

There exist constants $\varepsilon_{0}(n)>0$ and $c(n)<\infty$ such that there holds: For any nearly spherical set $E$ whose volume is equal to the volume of the unit ball whose barycenter is at the origin and which satisfies $\|u\|_{C^{1}} \leq \varepsilon_{0}$ we have

$$
\mathbf{A}_{n-1}(\partial E)-\mathbf{A}_{n-1}\left(\partial B_{1}\right) \geq c(n)\|u\|_{W^{1}, 2\left(S^{n-1}\right)}^{2} .
$$

In particular, the isoperimetric gap controls the square of the measure of the symmetric difference

$$
E \Delta B_{1}:=\left(E \backslash B_{1}\right) \cup\left(B_{1} \backslash E\right),
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\|u\|_{W^{1,2}\left(S^{n-1}\right)}^{2} \geq\|u\|_{L^{2}\left(S^{n-1}\right)}^{2} \geq c\|u\|_{L^{1}\left(S^{n-1}\right)}^{2} \geq c\left|E \Delta B_{1}\right|^{2}
$$

Theorem (Fusco-Maggi-Pratelli, Ann. Math. 2008)
For any set $E$ of finite perimeter with $|E|=\left|B_{\varrho}\right|$ the following quantitative isoperimetric inequality

$$
\mathbf{D}(E)=\frac{\mathbf{A}_{n-1}(\partial E)-n \omega_{n} \varrho^{n-1}}{n \omega_{n} \varrho^{n-1}} \geq c(n) \alpha(E)^{2}
$$

holds true, where

$$
\alpha(E):=\min _{x_{0}} \frac{\left|E \Delta B_{\varrho}\left(x_{0}\right)\right|}{\varrho^{n}}
$$

denotes the Fraenkel asymmetry.
Different proofs:

- Figalli-Maggi-Pratelli (Invent. Math. 2010): New proof with arguments from optimal mass transport.
-Ciacalese-Leonardi (Arch. Rat. Mech. Anal. 2012): Proof via regularity by a selection principle.


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## The isoperimetric gap

For a closed ( $n-1$ )-dimensional oriented surface $T$ in $\mathbb{R}^{n+k}$ the isoperimetric gap is defined by

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$$
\mathbf{A}_{n}(D)=\mathbf{A}_{n}\left(Q_{T}\right)=\inf _{\partial P=T} \mathbf{A}_{n}(P)
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## $A_{n}\left(Q_{T-\partial D}\right)$ measures how close $T$ and $\partial D$ are.


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## The asymmetry index

The quantity

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measures how close $T$ and $\partial D$ are.
To measure the deviation of $T$ from round spheres spanning the same mass as $T$ we shall take the infimum over all such spheres.

The asymmetry index is defined by

> whenever $T$ is a closed ( $n-1$ )-dimensional oriented surface in $\mathbb{R}^{n+k}$. The infimum is taken over all $n$-dimensional flat disks satisfying $\mathbf{A}_{n}(D)=\mathbf{A}_{n}\left(Q_{T}\right)$.

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To measure the deviation of $T$ from round spheres spanning the same mass as $T$ we shall take the infimum over all such spheres.

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$$
\mathbf{d}(T):=\inf _{D} \frac{\mathbf{A}_{n}\left(Q_{T-\partial D}\right)}{\mathbf{A}_{n}(D)}
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whenever $T$ is a closed ( $n-1$ )-dimensional oriented surface in $\mathbb{R}^{n+k}$. The infimum is taken over all $n$-dimensional flat disks satisfying $\mathbf{A}_{n}(D)=\mathbf{A}_{n}\left(Q_{T}\right)$.

## Theorem (B-Duzaar-Fusco)

There exists a constant $c=c(n, k)$ such that for any closed ( $n-1$ )-dimensional oriented surface $T$ in $\mathbb{R}^{n+k}$ the quantitative isoperimetric inequality

$$
\begin{equation*}
\mathbf{D}(T) \geq c \mathbf{d}(T)^{2} \tag{2}
\end{equation*}
$$

holds true.
Remark: In the case $k=0$, (2) reduces to the quantitative isoperimetric inequality of Fusco-Maggi-Pratelli, since in this case

$$
\mathbf{d}(T)=\alpha(E) \quad \text { and } \quad \mathbf{D}(T)=\mathbf{D}(E)
$$

## Isoperimetric inequality on the sphere

Theorem (E. Schmidt, Math. Z. 1943/44)
Geodesic balls are the unique isoperimetric sets on $S^{n}$, i.e. for any $E \subset S^{n}$ with $|E|=\left|B_{\vartheta}\right|$ with $0<\vartheta<\pi$ there holds:

$$
\mathbf{A}_{n-1}\left(\partial \boldsymbol{B}_{\vartheta}\right) \leq \mathbf{A}_{n-1}(\partial E) .
$$

$"=" \Leftrightarrow E$ is a geodesic ball $B_{\vartheta}$.


## Stability

Is there stability for the isoperimetric sets on the sphere?

- Renormalized isoperimetric gap

- Assymmety index: Fraenkel assymmetry

$$
\alpha(E):=\min _{p_{0}} \frac{\left|E \wedge B_{0}\left(\boldsymbol{p}_{0}\right)\right|}{\left|B_{v}\right|}
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$$



## Strong form of the quantitative isop. inequality in $\mathbb{R}^{n}$

Theorem (Fusco-Julin)
For any set $E$ of finite perimeter with $|E|=\left|B_{e}\right|$ the following strong quantitative isoperimetric inequality

$$
\mathbf{D}(E)=\frac{\mathbf{A}_{n-1}(\partial E)-n \omega_{n} \varrho^{n-1}}{n \omega_{n} \varrho^{n-1}} \geq c(n) \boldsymbol{\beta}(E)^{2}
$$

holds true, where

$$
\boldsymbol{\beta}(E):=\min _{x_{0} \in \mathbb{R}^{n}}\left(\frac{1}{\varrho^{n-1}} \int_{\partial^{*} E}\left|\nu_{E}(x)-\nu_{B_{r}\left(x_{0}\right)}\left(\pi_{x_{0}, \rho}(x)\right)\right|^{2} d \mathcal{H}^{n-1}(x)\right)^{\frac{1}{2}}
$$

denotes the $L^{2}$-oscillation index.

## Stronger version of the assymmetry index on $S^{n}$


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& \quad \geq \boldsymbol{\alpha}(E) \text {, } \\
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Remark: The inequality is sharp in the sense that also the reverse inequality holds:

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## Isoperimetric inequality on hyperbolic space

Theorem (E. Schmidt, Math. Z. 1943/44)
Geodesic balls are the unique isoperimetric sets on $\mathbb{H}^{n}$.

Theorem (B-Duzaar-Scheven)
For any $R_{0}>0$ there exists $c=c\left(n, R_{0}\right)>0$ such that for any set $E \subset \mathbb{H}^{n}$ of finite perimeter with $|E|=\left|B_{\vartheta}\right|$ the following the strong quantitative isoperimetric inequality

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